

The background of the book cover is a composite image. The upper portion shows the stars and stripes of the American flag, with the stars appearing as bright, glowing points of light. Below the flag, a bright sun is rising over a range of mountains, creating a lens flare effect with rays of light extending downwards. The overall color palette is warm, dominated by reds, oranges, and yellows.

VOLUME 1

# PRAYING PSALMS FOR AMERICA

PRAYERS FROM THE  
HEART OF AMERICA

Cynthia J Stewart

# DEDICATION

*To American Patriots and Warriors  
who love America so much,  
you would do anything to protect our freedoms.*



# PREFACE

*The truth shall make you free.*

—JOHN 8:32

I seek God's truth to guide me so I may gain deeper understanding of what is real and what is true.

The good Book is our greatest source of truth because God speaks only truth to us. As best we can, we have to block out the squawkers untethered from God's voice and hear what he has to say to us.

When I write these Psalms for America each morning, I ask God to reveal to me how to pray for us. I read and meditate on the Psalm. As I read, I think about what's happening in America. Then I let the words pour onto the page.

God gave me this idea in July 2016 when we learned our candidates for president, which, frankly, made no sense to me, based on what the media was saying about them. I turned to the Psalms and prayed for my beloved America, writing my prayers in my journal, as I've done for a decade. Since God is in charge, I asked him for insight and wisdom to understand why they were chosen. The media demonized or idolized each of them so much that I could not rely on media reports to see them for who they truly are.

As the election came around, through the Psalms, I reached great insight and understood exactly what was happening to America. I saw deception at the highest level of government, changing America into something completely different from who we are, driving agendas that don't reflect our foundational principles, and trapping our people in mistruths and ideologies that prove to be disastrous. I knew God would help us and I need trust in him and him alone.

In this devoted period, I came to understand that only a brash and belligerent soul could take on the power structures that were dismantling America. We needed someone who would come into power filled with righteous indignation, like Jesus when he kicked

out those in the temple who were exploiting his faithful people. Someone who loved America and had no desire and no need to profit from this position of power to enrich his/her own coffers, in fact willing to take financial loss if necessary.

Someone who could speak the truth, regardless of whether it was politically correct or popular. Someone who would stand up for America, for our freedoms, and for our Constitution. Someone who would honor our warriors and our faithful servants. Someone who would not exploit the taxpayers and working men and women doing right by America and give them voice. Clinton? or Trump?

On December 1, 2019, I felt God's prompting again and began this same process knowing 2020 would be a highly contended race for the White House. Who would God choose for President in 2020?

I walked through the Psalms again, praying for America and wrote the prayers recorded here. I started a few months before the tragic events began in 2020 with the presidential impeachment, the Coronavirus (COVID-19) shut down, the riots, the killings, and the destruction of properties, businesses, and livelihoods. You may recognize the events that unfolded woven into the prayers.

Why the Psalms? We learn so much from the Psalms. They were shaped by people shaped by God and now they shape us. When we sing, pray, and recite the Psalms, we join voices around the world. We join the company of saints and cloud of witnesses who have found solace in Psalms for millennia.

I came to the Bible after I had my first child, though born and bred a Christian. Years later, I was prompted to engage scriptures by writing them in my own words. For the last decade I have journaled my prayers and meditations as a morning ritual.

I now realize the power of reading, meditating, and then praying scripture. I feel such incredible strength and peace from my morning time with God.

As I read each Psalm and write each prayer, I reflect the range of emotions the Psalmist expresses, especially David. The Psalmists speak frequently about fear of enemies, violence, evil deeds, etc. Even still they express their undying love and trust in God. In my prayers, my voice combines with their voices to find the fighter in me on the one hand, contrasted with the lover and disciple in me on the other.

I hope you find yourself in these prayers and make them yours.  
I pray you will find solace and truth, and the answers you seek.  
I pray you will find the joy of knowing God and trusting him.  
I pray that you listen to God from whom all truth comes.

I appreciate you letting me share the prayers God places on my heart for my beloved America. I invite you to join your prayers with mine each day to unite in protecting the land that we love. America needs our prayers for a future safe and free!

God bless you.

*In His Service,  
Cynthia*



# ACKNOWLEDGEMENTS

This book would not have been possible without the encouragement and support of my husband Jeff. Thank you for sharing your love of Jesus Christ, the American Dream, and our beautiful family.

It is with deep gratitude I thank my mother, Maggie B., who taught me to love the Lord, to stand proud as an American, and to be a good citizen.

Thank you to my wonderful children, CrystalRose, Sean, and Gavin, and their fabulous spouses, Brett, Alixe, and Vanessa. My journey with you is the highlight of my life.

Words cannot express my gratitude to Rhonda Knight Boyle, who took this journey with me. When I asked her to post my prayers on Facebook, she not only said yes, she set up and administered our group “Praying Psalms for America.” Each day she read my prayer and found a perfect picture to post with it. She encouraged me to publish these prayers and supported me every step of the way. Thank you, friend.

Where would we be without friends who encourage us. Thank you, Dr. Jorge and Gloria Gonzalez, faithful patriots and Christians, who are cheerleaders for my prayers, with lots of ideas for who needs to get this book. I am also grateful to my Facebook friends who posted “like,” “Amen,” “thank you,” comments, prayers, and scriptures in response. Your encouragement is invaluable to me.

I extend my gratitude to my team at Westbow Press for picking up this project and helping me bring it to you!





# BOOK I

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## Inspired by PSALMS 1-41

The first book of Psalms emphasize how God comes beside us.

*Even though I walk through the darkest valley, I fear no evil; for  
you are with me; your rod and your staff - they comfort me.*

— P S A L M 23 : 4

### Engaging These Prayers

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Consider where God is walking beside you, giving you rest and peace, standing guard over you, or bringing you comfort. How is he doing that for America?

Let these prayers give you wisdom to these prompts:

- What experiences reveal he is beside you?
- What emotions do you feel when he's near?
- How may you pray for his presence?
- How can you pray he comes beside America?

Psalms are a collection of favorite songs written by Israelite worshippers across centuries, with nearly half of them attributed to King David. They recount experiences by humans across millennia in their interactions with God.

They are organized into five books, likely to represent the five books of the Torah – Genesis, Exodus, Leviticus, Numbers, and Deuteronomy.

At times, the topics are quite challenging when they deal with vengeance, enemies, war, tyranny, evil acts, and crimes against humanity. Though sometimes hard to engage because the despair is so real, they always recount love for God and his justice, and hope in his crusade.

My prayers may sound militant, tormented, or tortured in my attempt to channel the Psalmists' voices in light of real-world happenings, such as international aggressors, government deception, political activists, global pandemic, riots, and other such chaos. It's all happening in our world today, just as it has since the dawn of organized cultures. I want to reflect that and then turn it over to God's saving grace.

Let these prayers engage you, ignite you, calm you, free you, shape you, and lift you up in the way that God does.

# RIGHTEOUS PROSPERITY

*Happy are those who...delight in the law of the Lord...*

*In all that they do, they prosper.*

— P S A L M 1 : 1 , 2 , 3

Supreme Judge of the Righteous and the Wicked,

America knows that those in your kingdom who follow your counsel are the happy ones, for they do not descend to wicked ways, use their tongues to deceive, or belittle your believers.

America's believers delight in your righteous laws and natural order. We meditate upon your eternal Word, growing like an oak tree planted beside your living water which yields seasons of fruitfulness. In all we do, we prosper from your wisdom and guidance.

America chooses your righteous counsel. Let us not be deceived by the wicked whose ways lead to destruction. Lord, see to it that America chooses lawmakers who know and live by your righteous laws to ensure equal justice for all.

If the wicked, ill-intended, or scoffers are among them, remove them swiftly from office, like the chaff of wheat blown by the wind. For they do not govern well. They pervert our laws to erode your righteous way of life and enslave your faithful people.

Do not let the wicked have authority to judge others, nor the lawless be found in the congregation of the righteous, especially within America's halls of government, schools, businesses, and churches.

You watch over the way of the righteous within America from dawn to dusk. You ensure that the wicked and all their devious ways perish in the end. Your righteous followers will live long, happy, and prosperous lives under your watch.

Thanks be to God. Let it be so. Amen

# OUR KING, OUR LORD

*I have set my king on Zion, my holy hill.*

— P S A L M 2 : 6

Gracious God,

There are power-hungry leaders across the earth who conspire against America, for they want what we have created for our people. They want to ensnare us, pilfer our wealth, and destroy the American Way.

America has become powerful only because of the sacred freedoms of life, liberty, and pursuit of happiness, and because we place our trust in you. Evil leaders with unquenchable desire for power and wealth cannot create American exceptionalism.

You see it all from your high mountain and you laugh at their insolent, misguided, and ill-fated ways. You speak to them in wrath and terrify them in fury for you have set your begotten Son as king on Mount Zion.

You give all authority on heaven and earth to Jesus Christ, and he rules with great justice and love. America created this great nation by confessing you as Lord and stating publicly and pervasively “in God we trust.”

As self-serving, ill-intended leaders conspire against America’s believers and protectors, we ask that you reveal their evil ways to anyone trapped in their snares. Their misguided belief in themselves and the fallen angel only lead to human destruction.

Show them your fury and have your own way with them Lord. Wither them like flowers in the field under your scorching gaze. All they have built with stolen wealth will come tumbling down. Protect the believers who confess your name on bended knee.

You gave us the power to be a great nation. With your love, we saved many peoples of the world for centuries. Freedom seekers strive to live in America. Strengthen and protect all strivers, Lord, who desire the best for all.

These are perilous and shifting times as leaders of good and evil clash, with vulnerable lives at stake. Guide us on your paths of righteousness that we may bring about your kingdom on earth. With your power and authority, all people in all nations will come to know your abundant love and confess you as Lord.

Thank you, Lord. Amen

# GOD DELIVERS

*You, O Lord, are a shield around me, my glory,  
and the one who lifts up my head.*

— P S A L M 3 : 3

Sovereign Lord,

In every direction there are enemies seeking America's destruction and the destruction of all that is good, wholesome, and holy. Where can we go that we don't see their evil works on display, mocking and taunting us?

They live in the unreal realms where chaos and destruction rule, and they claim you, God, are not real. They say that you will not help us. But you, Lord God, are the only thing that is real, for you alone created reality.

You are the shield around America and the believers of this great nation. You are the one who saves us, heals us, and protects us. When we cry aloud to you Lord, you answer us from your holy hill.

When we lie down to sleep, we wake again because you sustain us. Though thousands of people and hundreds of nation-states may pit themselves against America, we are not afraid, for you are with us, now and forever, to the end of our days.

America's warriors and protectors are your servants, Lord. You make them fearless, standing on the side of truth, defending the people at the heart of this great nation. There are attackers on all sides, ready to destroy it all.

They are fools Lord, bent on protecting their evil secrets. The evil ones throw trash-filled hate upon our protectors and blame the righteous for their own evil deeds. You protect our defenders because they are your warriors who set things right.

Rise up now - America beseeches you, Lord. Deliver us from the evil one's treachery. Strike down the enemy and all of his minions and break the stronghold of the wicked. America's deliverance belongs to the Lord. Our deliverance is in your hands.

May your blessing be upon your people. Amen

Within these pages are 150 prayers, beautifully written and patterned after the Psalms incorporating the truths of what America is facing. Weaving daily news with cries for God's mercy, the prayers reveal the heart of God's truth and the beauty of God's saving plan. These prayers fire up the reader to stand up for America while assuring each person of God's eternal love.

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**Cynthia Stewart** lives with her husband, Dr. Jeff, in America's heartland. Their treasured days together include raising three children, now happily married and pursuing their thriving lives and careers.

Cynthia experienced a long, successful career in Corporate America. In 2011, she launched her own coaching and consulting practice, EverMore Services. She achieved her MBA and many certifications, her favorites being a Gallup Certified Strengths Coach and Incredible Family Certified Coach.

She has dedicated herself to Bible study, prayer, and meditation for decades now. Witnessing God's miraculous healing for herself and her husband, Cynthia began recording her love letters to God in 2010. She is drawn to God's Word as the greatest source of wisdom for practical application in life and business.

She is self-described as:

Christ-follower, American Patriot, Marine's Daughter, Teacher's Daughter, Sister, Wife, Mother, Church Elder, Prayer-Warrior, Overcomer, Death-defeater, Life-lover, People Champion, Wise Woman, Businesswoman, Executive Coach, Trusted Advisor